

WAIVER AND ASSUMPTION OF RISK

I, _____, voluntarily sign this Waiver and Assumption of Risk in favor of the Owner, Montecito Iyengar Yoga Studio, in consideration for the opportunity to use the Owner's facilities and/or the opportunity to receive instruction from the Owner or the Owner's employees, and/or to engage in the activities sponsored by the Owner, as follows:

I understand that there are certain risks and dangers associated with the activity and use of the facilities and that these risks have been fully explained to me. I fully understand the danger involved.

I fully assume the risks involved as acceptable to me and I agree to use my best judgment in undertaking these activities and follow all safety instructions.

I waive and release the Owner from any claim for personal injury, property damage, or death that may arise from my use of the facilities or from my participation in the activities or instruction.

I am a competent adult and I assume these risks of my own free will.

Dated: _____, 20 ____

Signature

Printed Name

Address

City State